

Basic Bushcraft course details

Duration 2 days starting at 9.00am and finishing at 5.00 pm on second day. This course includes spending one night in the woodland.

A more advanced course than our introduction course which involves spending the night in the woods. We will look at different types of shelter and how to enhance them to make life more comfortable. We will discuss the importance of fire and its many uses. We will provide you all the kit you will need to spend a comfortable night in the woods.

Each person will be issued with a fire tin which is there's to keep.

Areas covered:

- Survival psychology and basic needs.
- Issue of kit and discussion on uses
- Issue of ration packs and discussion on food and nutrition.
- Shelter building using available materials.
- Other methods of shelter including IPK, Basha's and bivi bags.
- Fire principles and materials needed.
- Fire starting using no matches.
- How to maintain the fire.
- Fire reflectors and storing of wood.
- Water how to find and process it.
- Plant identification and uses.
- Breaking camp, leave no trace.

Food and drink

We will issue you with our own version of the standard army ration pack, which include sufficient food to last the duration of the course. You are more than welcome to supplement the packs with any other food you may wish to bring. Open fires will be available for heating water for hot drinks.

Recommended kit list

You will be issued with a kit bag containing: Basha, Hammock, Sleeping bag, Bivi bag, Mosquito net, Cook set, and head torch.

Normal outdoor clothing should be worn. We advise that if possible you should wear natural materials such as cotton and ventile as these with stand the heat from open fire better than modern polyester based clothing.

Other equipment you should bring (if you have it)

Waterproof jacket and trousers.

Suitable footwear (Walking boots)

Hat and gloves.

Towel and toiletries.

All other equipment including tools will be supplied by us.

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Knives, Axes and Saws

Knives, axes and saws are an integral part of bushcraft activities. We supply all necessary tools for you to use during the course. All of our tools are well maintained and of good quality. We will demonstrate their safe use prior to allowing you to use them. We reserve the right to limit the use of knives, axes and saws to any individual or group if we feel that the safety of others or property is at risk. We always have items of equipment for sale if require (see sales list).

Important information

All courses will be situated in a woodland environment which contains uneven ground with several trip hazards, please take care and be sure of your footing when travelling through the woodland. All days involve the establishment of open fires. It is therefore possible receive burns from the fire or sparks, this may burn or stain clothing or skin. All loose clothing and hair should be secured when working with or around the fire. We accept no responsibility for damage to your or anyone's equipment.

Directions

Full directions of how to find us will be sent with confirmation of your booking.